

# Lobuche Peak

 23 days

From \$3490



It is understandable if one of the activities that you are going to try when you're on vacation is mountain climbing, then you should try it Lobuche Peak which is found in the Solu Khumbu and Everest Region, and it also has two main peaks such as Lobuche East and Lobuche Far East. Why should you try out Lobuche Peak? Well, to those inexperienced hikers, and wannabe mountain climbers, it is better to start something small, and small doesn't mean climb a hill, but try climbing a mountain that is perfect for beginners like you, so Lobuche Peak is part of that mountain where you can warm up and test your untested skills, no matter if you have 0 experience in mountain climbing or not.

Lobuche Peak is 20,075' feet, which can be scary at first glance, especially when you are not confident or certain when you are staring at the huge mountain in front you, which is understandable. But the good thing about Lobuche Peak is that it has a beautiful view of the Everest, Pumori, Lhotse, Ama Dablam, Cholatse, and Nuptse. After all, the point in having to try out mountain climbing is to start something easy where you can accomplish such a feat, so Lobuche Peak can be the first mountain that you should try and have your first experience with.

It can be challenging at first, more challenging than Island Peak, which is perfect for people who find Island Peak not perfect for a first-time mountain climber, if you are looking for something to level up or try something more difficult, Lobuche Peak can be the one that you are looking for. But you don't have to be too concern about your lack of experience when you are having your first time climbing after all

this mountain can be easy to overcome at the same time brings you a challenge which is enough for you so that you won't be dissatisfied with it. Besides the climbing experience, this peak can lead you to the most amazing view that you will ever see. And it has a base camp for you to rest and regain your strength after all climbing a mountain requires some physical fitness from a person knowing that it can be a real work out to some people who haven't exercised in their life. Climbing the mountain can be scary for the first time, but you don't have to worry when there's an assigned guide that can lead you the way and help you climb to the top.

In the end, you are not alone; there are people who will assist you, resting spots for you to recover and enjoy some good food. You have guide not only can lead you the right path but also help communicate with other people if you are having problems in communicating with the others, knowing there's language barrier and all. The bottom line is that Lobuche Peak is the perfect mountain for novice climbers like you to try.

Grade: Challenging

Challenging

Destination: Nepal

Activity: Peak Climbing

### **Itinerary:**

**Day 1:** Arrival Kathmandu (1,350m/4,428ft)

**Day 2:** Kathmandu (1300m/4264ft): Sightseeing and Preparation

**Day 3:** Fly to Lukla (2,800m/9,184ft) then trek to Phakding (2,652m/8,700ft): 40 min flight, 3-4 hours trek

**Day 4:** Phakding to Namche Bazaar (3,440m/11,283ft): 5-6 hours

**Day 5:** Namche Bazaar (3,440 m/11,283 ft): Acclimatization Day

**Day 6:** Namche Bazaar to Tengboche (3,870m/12,694ft): 5- 6 hours

**Day 7:** Tengboche to Dingboche (4,360 m/14,300 ft): 5-6 hours

**Day 8:** Dingboche to Lobuche (4940 m/16,207 ft): 5-6 hours

**Day 9:** Lobuche to Everest Base Camp (5364m/17,594ft) and back to Gorak Shep (5170 m/16,961ft): 6-7 hours

**Day 10:** Gorak Shep to Kala Patthar (5545m/18,192ft) and back to Lobuche (4940m/16,207ft): 7-8 hours

**Day 11:** Lobuche to High Camp (5,400m/17,712ft) afternoon Pre-Climb Training: 3-4 hours

**Day 12:** Lobuche High Camp to Lobuche summit (6,119m/20,070 ft) and back to high camp: 8-10 hours

**Day 13:**Lobuche High Camp to Chhukung (4,730m/15,518ft): 6-7 hours

**Day 14:** Rest day in Chhukung

**Day 15:**Chhukung to Island Peak Base camp (5,200m/17,060ft): 3-4 hours

**Day 16:**Island Peak Base Camp to Island Peak Summit (6,189m/20,305ft), back to base camp: 10-12 hours

**Day 17:**Reserved day

**Day 18:** Island Peak Base Camp to Pangboche (3,985m/13,074ft) 5-6 hours

**Day 19:**Pangboche to Namche Bazaar: 4-5 hours

**Day 20:**Rest Day

**Day 21:**Namche Bazaar to Lukla: 6-7 hours

**Day 22:**Fly to Kathmandu

**Day 23:**Final Departure

### **Cost Include:**

- Airport pickups and drops in a private vehicle
- 3-star hotel accommodation in Kathmandu with breakfast
- Teahouse accommodation during the trek
- Domestic flights (Kathmandu- Lukla -Kathmandu)
- Porter service (2 trekkers: 1 porter)
- Good quality tents and kitchen utensils for camping
- All necessary paper work; trekking and climbing permits
- Medical kit (carried by your guide)
- All government and local taxes

### **Cost exclude:**

- International airfare to and from Kathmandu
- Nepalese visa fee
- Travel and rescue insurance
- Personal climbing equipment
- Personal climbing guide if requested
- Tips for guides and porters
- Personal climbing guide if requested
- Optional trips and sightseeing if extended
- Altitude chamber (PAC) or oxygen
- Personal expenses