

Everest Base Camp & Gokyo Lake Via Cho la Pass

 16 days

From \$1450



Highlights:

- Travelling through the home of the legendary sherpas
- Diverse range of wildlife and vegetation are seen
- Animals to be sighted are mountain goat, musk deer and barking deer
- The best time to visit is spring and autumn.
- once in a lifetime trek to the Everest Base Camp
- to see the beautiful glacier
- to see the beautiful lake in the Mountain
- To know the Buddhist culture by visiting some beautiful and old monasteries
- adventure highest pass in Mountain
- To see the view of Mt. Everest along with Mt. Makalu, Mt. Lhotse, Mt. Nuptse, Mt. Ama Dablam & Khumbu Ice fall.

For a tourist who wants to go to Nepal, there is one destination that is a must visit place. And that destination is the Mount Everest Base Camp. At that base camp you will be able to see what makes it so popular. And what makes the Mount Everest Base such a prime destination for tourists is how iconic it is. You have probably have seen many pictures of this base camp, and you have to go to it yourself to truly go on an adventure to Nepal. And one way that you can visit this base camp is if you go on an EBC Cho la Pass Trekking 20 days tour, by going on such a tour you will be able to reach the Everest Base Camp or EBC and even go through a scenic route. On this trekking tour, which takes 20 days, you get to pass by the famous Cho La Pass, which is another iconic point of the

Himalayan Mountains.

One of the stops that you will make on this EBC Cho La Pass 16 days tour is that you get to visit, small mountain villages such as Dingboche and Tengboche. In those little villages, where you will be able to stay overnight on this tour, you get to see through first-hand experience mountain culture and life in these villages. Another place that you get to visit on this tour is a bazaar. At this Namche Bazaar, you will also be able to stay a full day at this place. So if you want to find Nepalese rarities at this bazaar, you can do so if you go on a tour such as this one. Nepalese mountain villages and bazaars are not the only things you will be able to experience on this trip. There are the natural wonders of the Nepalese landscape and Himalayan mountains that you also get to see. On this trekking tour, for almost 3 weeks you will get to explore the vast landscape of Nepal on foot. So if you love hiking, then this could be the trip you are just going to enjoy so much. For any hikers, Nepal is the premier destination. For example, there are glaciers and mountain ranges that you can climb. There are some sights to see on this stunning tour package. You will be literally tens of thousands of feet above sea level when you go trekking around the Himalayan Mount ranges.

Finally, you should take note that this EBC Cho La Pass Trekking 16 days tour is not one that can be taken lightly. You will have to be relatively physically fit and ready to complete the trek itself fully. So be sure to have some hiking experience under your belt if you wish to complete this one. However, you do not need to worry too much, thousands of other hikers have completed this trek, and you can too, as long as you go to Nepal for this wonderful hiking experience.

Grade: Moderate

Moderate

Destination: Nepal

Activity: Trekking

Region: Everest Region

Date & Prices:

Start Date	End Date	Price
29th May, 2017, Monday	11th Jun, 2017, Sunday	\$1450
08th Jun, 2018, Friday	23rd Jun, 2018, Saturday	\$1450
11th Jun, 2018, Monday	26th Jun, 2018, Tuesday	\$1450
22nd Jun, 2018, Friday	07th Jul, 2018, Saturday	\$1450
02nd Jul, 2018, Monday	17th Jul, 2018, Tuesday	\$1450
16th Jul, 2018, Monday	31st Jul, 2018, Tuesday	\$1450

Start Date	End Date	Price
27th Jul, 2018, Friday	11th Aug, 2018, Saturday	\$1450
03rd Aug, 2018, Friday	18th Aug, 2018, Saturday	\$1450
10th Aug, 2018, Friday	25th Aug, 2018, Saturday	\$1450
13th Aug, 2018, Monday	28th Aug, 2018, Tuesday	\$1450
17th Aug, 2018, Friday	01st Sep, 2018, Saturday	\$1450
24th Aug, 2018, Friday	08th Sep, 2018, Saturday	\$1450
31st Aug, 2018, Friday	15th Sep, 2018, Saturday	\$1450
03rd Sep, 2018, Monday	18th Sep, 2018, Tuesday	\$1450
07th Sep, 2018, Friday	22nd Sep, 2018, Saturday	\$1450
10th Sep, 2018, Monday	25th Sep, 2018, Tuesday	\$1450
14th Sep, 2018, Friday	29th Sep, 2018, Saturday	\$1450
17th Sep, 2018, Monday	02nd Oct, 2018, Tuesday	\$1450
21st Sep, 2018, Friday	06th Oct, 2018, Saturday	\$1450
24th Sep, 2018, Monday	09th Oct, 2018, Tuesday	\$1450
28th Sep, 2018, Friday	13th Oct, 2018, Saturday	\$1450
27th Sep, 2018, Thursday	12th Oct, 2018, Friday	\$1450
04th Oct, 2018, Thursday	19th Oct, 2018, Friday	\$1450
08th Oct, 2018, Monday	23rd Oct, 2018, Tuesday	\$1450
12th Oct, 2018, Friday	27th Oct, 2018, Saturday	\$1450
15th Oct, 2018, Monday	01st Nov, 2018, Thursday	\$1450
15th Oct, 2018, Monday	01st Nov, 2018, Thursday	\$1450
22nd Oct, 2018, Monday	06th Nov, 2018, Tuesday	\$1450
02nd Nov, 2018, Friday	17th Nov, 2018, Saturday	\$1450

Start Date	End Date	Price
09th Nov, 2018, Friday	24th Nov, 2018, Saturday	\$1450

Itinerary:

1: Arrive at Kathmandu airport and transfer to hotel

Arrival in TIA Welcome you in Kathmandu, the capital and cultural hub of Nepal. Then transfer to Hotel. Welcome Drinks

2: KATHMANDU TO LUKLA FLIGHT AND PHAKDING. WALKING DISTANCE: 8KM (3-4 HOURS)

After a short 35 min flight to Lukla then heading the way to phakding through Chaurikharka village and descent towards Dudhkoshi. This easy way follows the bank of the Dudhkoshi River till Phakding, where we will stay for the over night. explore the small village. (B,L,D)

3: PHAKDING TO NAMCHE BAZAAR. WALKING DISTANCE: 10-12KM (5-6 HOURS)

After breakfast we will heading to Namche Bazaar, biggest sharpa,s community. Our way goes to through the Dudhkoshi River with long suspension bridge, crossing through a beautiful pine forest to Monjo. After a while we will reach to main entrance gate for Sagarmatha National Park. we have to show Trekking permit check, we may take lunch around there and then it's uphill to Namche. we will pass along the river bank then met two crossing along with Hillary Suspension Bridge. heading to up hill then reach to Namche Bazar with your first glimpse of Mt. Everest. Over night in Namche Bazar. (B,L,D)

4: NAMCHE BAZAAR: REST AND ACCLIMATIZATION DAY

This day we will take rest for acclimatization. After noon either we can do hike to Thame side then back to Namche. or we can trek to syamboche valley takes around 2 hour. this is best view point of Everest. There is also located Everest View Point hotel, evening you can walk to Namche Bazar overview of the Sherpa culture and history of mountaineering. Over Night in Namche Bazar. (B,L,D)

5:NAMCHE BAZAAR TO TENGBOCHE. WALKING DISTANCE: 10KM (6 HOURS)

After Breakfast we start to walking with breathtaking views of the Himalayas - Everest, Nuptse, Lhotse, Ama Dablam, Thamserku and Kwangde - are some of the high lights. we go down to the riverside, cross it and continue uphill trek with pine forest then we reach to Our destination, Tengboche, we say this is one of the most beautiful places in the Everest region. Its views, include Ama Dablam. we have to stay in Tengboche Monastery with great view of Everest Region. Over night. (B,L,D)

6:TENGBOCHE TO DINGBOCHE. WALKING DISTANCE: 11KM (6 HOURS)

After Breakfast we will walk through the rhododendron forest to Deboche followed by a bridge over the raging Imja Khol River. Valley with Pangboche village, the biggest settlement of Sherpas in the region. where we will see the typical Sherpa village and have lunch with the locals. also you can hike to oldest Pangboche monastery. Our afternoon trek will be up to the Dingboche. Over Night. (B,L,D)

7:DINGBOCHE: REST AND ACCLIMATIZATION DAY

This is our last acclimatization day then after will start our real adventure part ! full day exploring to Dingboche side and the surrounding valleys of Chhukung and Imjatse, we will also see the links with Island Peak and the Amphu Laptsa passes. This whole day will be most important and interesting with lot's of view.Over night.(B,L,D)

8:DINGBOCHE TO LOBUCHE (WALKING DISTANCE: 11-12 KM (6-7 HOURS))

After breakfast we start to walk further From this place gradually be more hardest, due to the high altitude part. Our first pass will be the Dugla, but not before a tough, steep walk to the top of a high hill. we will see memorial stupas dedicated to the climber who lost their lives to Everest. The next part will be to the Lobuche, a small settlement with beautiful views of Mt. Lobuche, Mt. Pumari and the Nuptse.Over Night in Lobuche. (B,L,D)

9:LOBUCHE TO GORAKSHEP AND EVEREST BASE CAMP, EBC TO GOREKSHEP. DISTANCE OF WALKING: 15KM (6-8 HOURS)

This is it! Our big day kicks off with an initial, relatively easy trek from Lobuche to Gorekshep. After Breakfast we start to walk to the Gorakshep side. This might be the harder, involving rocky dunes and moraine.. On the way we will see the Khumbu Glacier and icefall, located on the slopes of Everest. There are lot's of unbelievable beauty with breathtaking views. after completing all the views then we heading back, to Gorekshep for rest and relaxation. Over Night. (B,L,D)

10:FROM GOREKSHEP TREK TO KALAPATHAR TO DZONGLA

visiting to Kalapathar ("black rock") with beautiful sunrise over Mt. Everest and spectacular view of Nuptse Nup, Changtse and Lhotse. you can take amazing pictures of Everest and its neighboring peaks. then after will back to Gorekshep take a breakfast and onwards to Dzongla.

11:FROM DZONGLA TO CHO LA THEN TO THAKNAK

This could be hardest day of the trek as you go over the pass. very good things, you already visited Everest Base Camp this should be getting used to trekking at the high part and you will feeling more stronger. Depends on weather If that is bad it might be difficult to crossing that part. we have to use the Crampons. when we will reach to the top you will see the amazing views of Mountain. You will see the real natural beauty.

12:FROM THAKNAK TO GOKYO VALLEY

This day we will continue go down to the Gokyo Valley via Ngozumpa glacier the longer glacier in this region. Our Lunch will be in Gokyo. After lunch we will visit to the Lakes in the Valley and in surrounding we will see beautiful peaks. It really amazing views.

13:GOKYO - GOKYO RI TO MACHERMO. WALKING : 7km (5 or 6 hours)

This day early morning we will hike up to the summit of Gokyo Ri at 5,357m. This also we will see really beautiful views. Just In front of your eyes will see the 14 tallest peaks in the world, Mt. Everest, Lhotse, Makalu and Cho Oyu and others. Also you will see the largest glaciers in this region. After viewing all of this will back to our campside for breakfast then start to go down to Machermo.

14:TREKKING FROM MACHERMO TO NAMCHE. WALKING: 15km (7 to 8 hours)

This day we have to walk little bit longer then average but all the way down. of course the lower part makes your walking easier. on the way will see many beautiful views even in this trail. will reach to Namche. Spend night in Namche Bazar.

15:TREKKING FROM NAMCHE TO PHAKDING AND THEN TO LUKLA. Walking : 16km (6-7 hours)

After breakfast, we come down and cross the Hillary Suspension Bridge then walk through the local villages. when we reach to Phakding then having Lunch. Our arrival in Lukla brings an evening in our last Tea House and a party with your trekking crew: you complete it with out any problem. Great opportunity. This is your last night in Mountain, which can be really sweet. Over Night. (B,L,D)

16:LUKLA TO KATHMANDU. FLIGHT TIME: 35 MIN

After Breakfast we will take the flight from Lukla to Kathmandu, where your journey both began and ends. after reaching to Kathmandu Airport we will pick up you again and transfer to your hotel.Evening we will have together Nepali typical Dinner with cultural program. Over night. (B,L,D).

Cost Include:

- Pick up and drop from Airport with Private transport.
- Hotels in Kathmandu with breakfast
- Guided sightseeing in Kathmandu
- A welcome/farewell Nepali dinner with live culture program



- Sagarmatha National Park, TIMS and monument entrance fees
- Accommodations at teahouse in the mountain
- Three meals (B/L/D) while you are in trekking
- An English speaking Trekking Guide with necessary Porters
- Staff insurance, salary, food, accommodation and their transportation
- Kathmandu-Lukla-Kathmandu flight fare, airport tax, and all transportation

Cost exclude:

- Bar and beverages bills, bottled water
- Nature of personal expenses
- Personal cloths and equipment such as sleeping bag, jacket, boots etc
- Insurance for accidental, medical and evacuation
- Tips to the staff
- Meals in Kathmandu
- International Airfare and taxes
- Guide tips
- Rescue evacuation